

Freedom Pass circuit

Section 28: Mill Hill East to High Barnet

Distance: 4.69 mi, 7.50 km

Introduction

This section takes us north along the course of the Dollis Brook and then northeast across country. Much of it is along the Dollis Valley Greenwalk.

There are places to eat in Whetstone and High Barnet.

Directions

Turn right out of Mill Hill East Station, cross the main road and go under the railway bridge.

At the second mini-roundabout turn left along Frith Lane.

Then turn right down Abercorn Road.

At the end, turn left and go under the railway viaduct.

At the first bend, take the footpath on the left. We are now on the Dollis Valley Greenwalk.

Keep on the tarmac path when it bends right and goes over the Dollis Brook, and then take the next turning left.

A little later we cross the Brook again. Keep on the tarmac path.

Cross the Brook at the next footbridge on the right, then fork left.

Keep on the tarmac path until you reach a road.

Cross the road and carry on along the path opposite, slightly offset to the right.

Keep on the tarmac path. Do not go over the first footbridge on the right, but turn left instead.

Carry on straight ahead across another road.

Do not go over the next footbridge on the right.

At the end, turn right along the road.

Cross the Folly Brook and then take the first right, which is Tillingham Way.

At the right bend, take the footpath on the left.

Follow the path with Dollis Brook on your right.

Cross another road.

Keep on the tarmac path, a little later with the Brook on your left.

Do not go over the next footbridge on your left.

On reaching the next road, turn right onto it.

Take the second – higher – of the two parallel tarmac paths on the left, at the end of the grass (or the first – lower – one if you are on a bicycle).

Keep right when you come to a crossover between the two paths, and bear left twice in front of the houses.

Go straight across the cycle track obliquely.

Then carry on along the right-hand edge of the playing fields. We have now left the Dollis Valley Greenwalk.

At the T junction, carry on straight ahead into the bushes.

Keep right at the next intersection, and then straight ahead.

At the T junction, turn left.

When the path emerges, turn right and head across the grass towards the large white school building.

Then carry on along the service road.

At the end, turn left, then take the footpath between nos. 7 and 9.

Turn left onto another the path.

Keep straight ahead, next to the houses on your left.

Cross the road, turn left and then take the footpath on the right opposite Barnet Lane.

At the top of the slope, cross the road, and carry on straight ahead down the other side.

High Barnet station is at the bottom.